

## **Lima Police Department Basic RAD Women's Self – Defense Course Schedule**

### **2011 – 2012 RAD Women's Schedule (Safety City 700 S. Collett St.)**

#### **Session # 5**

Sept. 10: 11:30am – 2:30pm

Sept. 17: 11:30am – 2:30pm

Sept. 24: 11:30am – 2:30pm

Oct. 1: 11:30am – 2:30pm

Oct. 8: 11:30am – 2:30pm (Last class, 15 hours completion)

#### **Session # 6**

Oct. 29: 11:30am – 2:30pm

Nov. 5: 11:30am – 2:30pm

Nov. 12: 11:30am – 2:30pm

Nov. 19: 11:30am – 2:30pm

**Nov. 26: No class, Thanksgiving weekend**

Dec. 3: 11:30am – 2:30pm (Last class, 15 hours completion)

#### **Session # 7**

Jan. 7: 11:30am – 2:30pm

Jan. 14: 11:30am – 2:30pm

Jan. 21: 11:30am – 2:30pm

Jan. 28: 11:30am – 2:30pm

Feb. 4: 11:30am – 2:30pm (Last class, 15 hours completion)

**(Feb. 11, 18, 25, and March 3 weather related makeup days if needed)**

#### **Session # 8**

March 10: 11:30am – 2:30pm

March 17: 11:30am – 2:30pm

March 24: 11:30am – 2:30pm

March 31: 11:30am – 2:30pm

**April 7: No class, Easter weekend**

April 14: 11:30am – 2:30pm (Last class, 15 hours completion)

**2012 – 2013 RAD Women’s Schedule (Safety City 700 S. Collett St.)**

**Session # 9**

Oct. 27: 9:30 am – 12:30 pm

Nov. 3: 9:30 am - 12:30 pm

Nov. 10: 9:30 am – 12:30 pm

Nov. 17: 9:30 am – 12:30 pm

**Nov. 24 No Class-Thanksgiving weekend**

Dec. 1: 9:30 am – 12:30 pm (Last class, 15 hours completion)

**Session # 10**

Jan. 5: 9:30 am – 12:30 pm

Jan. 12: 9:30 am – 12:30 pm

Jan. 19: 9:30 – 12:30 pm

Jan. 26: 9:30 am – 12:30 pm

Feb. 2: 9:30 am – 12:30 pm (Last class, 15 hours completion)

**(Feb. 9, 16, 23, and March 2 weather related make-up days if needed)**

**Session # 11**

March 9: 9:30 am – 12:30 pm

March 16: 9:30 am – 12:30 pm

March 23: 9:30 am – 12:30 pm

**March 30: No class, Easter weekend**

April 6: 9:30 am – 12:30 pm

April 13: 9:30 am – 12:30 pm (Last class, 15 hours completion)

**Session # 12**

April 20: 9:30 am – 12:30 pm

April 27: 9:30 am – 12:30 pm

May 4: 9:30 am – 12:30 pm

May 11: 9:30 am -12:30 pm

May 18: 9:30 am – 12:30 pm (Last class, 15 hours completion)

**For further information on the LPD RAD Women’s Basic Self-Defense Course, instructed by certified self-defense Instructors Officer Dave Vastano, and his wife Deb Vastano: E-mail Officer Dave at: [david.vastano@cityhall.lima.oh.us](mailto:david.vastano@cityhall.lima.oh.us) If you don’t have e-mail available, you can call the Lima Police/Optimist Safety City at: 419-221-5269.**